

# HYPERTENSION AWARENESS

## Were you ever told that your blood pressure was high?

- In 1999, 23% of Montana adults had been told at some time by a health care professional that their blood pressure was high.
- Sex and education level had little effect with respect to respondents having been told they had high blood pressure.
- The percentage of adults who had ever been told they had high blood pressure increased with increasing age class.
- The percentage of adults reporting high blood pressure has remained approximately the same between 1990 and 1999.

## Have you had your blood pressure checked in the past two years?

- Ninety-three percent of Montana adults in 1999 reported having had their blood pressure checked in the last two years.
- Women (96%) were more likely than men (91%) to have had their blood pressure checked in the last two years.
- Adults aged 65 and older (97%) were more likely to have had their blood pressure checked in the last two years than adults less than 65 years of age (<94%).
- Education, income, and race had little discernable effect on whether or not adults had their blood pressure checked in the past two years.
- Since 1990, there has been little or no change in the percentages of adults reporting that they had their blood pressure checked in the past two years.

## Healthy People 2000 Objective:

- 15.13 Increase to at least 90 percent the proportion of adults who have had their blood pressure measured within the preceding 2 years and can state whether their blood pressure was normal or high.

## Healthy People 2010 Objective:

- 12-12 Increase the proportion of adults (to at least 95%) who have had their blood pressure measured within the preceding 2 years and can state whether their blood pressure was normal or high.

**Table 7. Hypertension Awareness, Montana Adults, 1999  
(with 95% confidence intervals).**

	Ever told blood pressure was high				Blood pressure checked in the last 2 years			
	Total No.	No.	%	CI (+/-)	Total No.	No.	%	CI (+/-)
<b>All Adults:</b>								
1999	1791	454	23.2	(2.1)	1768	1652	93.3	(1.3)
<b>Sex:</b>								
Male	762	180	22.1	(3.1)	755	686	90.8	(2.3)
Female	1029	274	24.3	(2.7)	1013	966	95.6	(1.4)
<b>Age:</b>								
18 - 29	277	15	4.3	(2.3)	273	248	90.3	(4.0)
30 - 44	515	74	13.8	(3.2)	510	474	92.5	(2.6)
45 - 64	612	185	31.1	(4.0)	606	564	93.4	(2.1)
65+	385	179	44.6	(5.5)	378	365	97.4	(1.5)
<b>Education:</b>								
<High School	175	52	26.0	(6.9)	171	160	93.9	(4.0)
High School	617	163	24.2	(3.6)	607	567	92.6	(2.5)
Some College	508	137	24.2	(3.9)	501	460	92.3	(2.6)
College Degree	489	102	20.0	(3.8)	486	462	94.8	(2.2)
<b>Income:</b>								
<\$10,000	87	28	29.1	(10.6)	86	78	91.2	(6.4)
\$10,000 - \$19,999	239	68	25.7	(6.0)	239	217	91.0	(4.1)
\$20,000 - \$34,999	486	116	23.0	(4.0)	478	444	92.0	(2.9)
\$35,000 - \$49,999	272	65	24.4	(5.5)	270	257	95.9	(2.4)
\$50,000+	314	58	17.1	(4.4)	313	294	93.5	(3.0)
<b>Race:</b>								
White, non-Hispanic	1664	414	23.0	(2.1)	1642	1553	93.2	(1.4)
Non-white or Hispanic	122	38	25.6	(8.1)	121	114	93.9	(4.7)

**Figure 6. Hypertension Awareness, Montana Adults, 1990-1999.**

